Naval Health Research Center

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AND MARINE CORPS PERSONNEL DURING

OPERATION DESERT SHIELD / DESERT STORM



L. Hermansen

W. Pugh

M. White



Report No. 91-44

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NAVAL HEALTH RESEARCH CENTER
P.O. BOX 85122
SAN DIEGO, CALIFORNIA 92186-5122

NAVAL MEDICAL RESEARCH AND DEVELOPMENT COMMAND BETHESDA, MARYLAND







Disease and Non-Battle Injuries Among Navy and Marine Corps Personnel During Operation Desert Shield / Desert Storm

Eddie Shaw
Larry Hermansen
William Pugh
Martin White

Naval Health Research Center

Medical Decisions Support Department
P.O. Box 85122

San Diego, CA 92186-5122

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Summary

This study describes types and frequencies of Diseases and Non-Battle Injuries (DNBI) that occurred in a sample population of U.S. Navy and Marine Corps personnel deployed to Saudi Arabia during the Persian Gulf War. Data were collected at two U.S. Navy mobile field hospitals set up in northern Saudi Arabia during the seven months of Operation Desert Shield and Operation Desert Storm. A Medical Encounter Data Sheet (MEDS) was used to capture pertinent medical information during individual patient visits. The MEDS form is a modified version of an instrument used in earlier studies of DNBI during peacetime. Completed MEDS forms were forwarded to the Naval Health Research Center in San Diego, where they were coded and the data entered into a computer file for analysis.

Frequencies were computed for each of the major illness and injury categories defined in the International Classification of Diseases, Ninth Revision (ICD-9). The highest number of visits were for "Injuries and Poisonin, " followed by "Diseases of the Respiratory System." These findings are consistent with eartier studies of DNBI among U.S. Navy and Marine Corps personnel under peacetime conditions.

The MEDS form proved useful as a means of documenting medical treatment information from deployed units. This data collection procedure, if used routinely by all deployed medical units during a conflict, could not only provide valuable information to medical planners for use during future conflicts, but could also prove useful in-locating problem areas where immediate preventative health care measures would be effective.

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Introduction

On August 2, 1990 Iraq invaded the independent Arab state of Kuwait. The United States participated in the allied response sending approximately 480,000 troops to the Gulf region, including 65,000 Navy and 93,000 Marine Corps personnel. Part of the troop deployment to the Gulf consisted of medical support personnel and supplies needed to provide health care and medical treatment.

Accurate determination of the medical resources required to provide medical care for troops in combat depends upon credible estimates of patient load. Although projections of casualty rates are clearly required to estimate patient load during combat, one also needs an estimate of the number of cases resulting from Disease and Non-Battle Injuries (DNBI). Previous studies have shown that DNBI can represent a significant portion of the total patient load. In a study by Hoeffler and Melton (1) on Navy and Marine Corps personnel from World War I hrough the Vietnam Conflict, consistently higher admission rates for DNBI than for battle injuries were found. Similarly, Palinkas and Coben (2) reported that during the Vietnam conflict, between 1965 and 1972, a higher number of Marine Corps personnel were hospitalized for DNBI than for combat related wounds or injuries. Further, a study of Army personnel by Reister (3) showed that the annual admission rates were higher for DNBI than for battle injuries during both World Wars I and II. This study also reported that during World War I, annual mortality rates were higher for DNBI than for battle casualties.

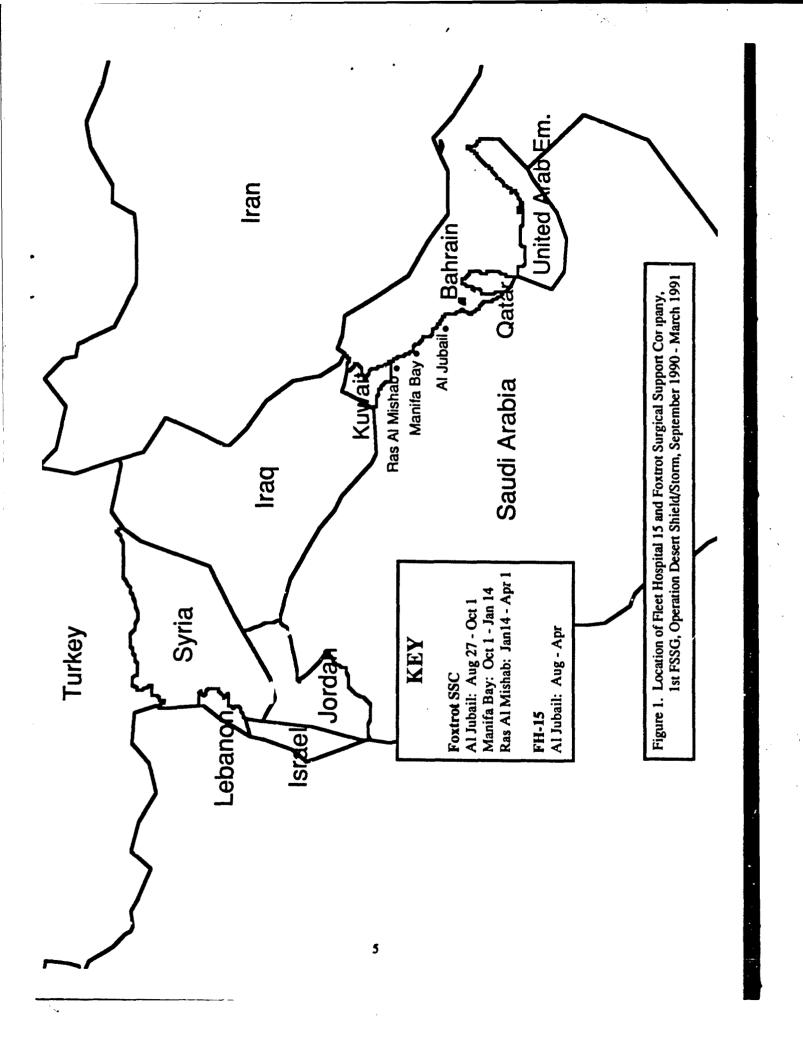
To provide Navy medical planners with needed DNBI information, a series of studies were conducted. Blood et al. (4), reported on the rate of illness for shore stations in various theaters of operation, including Southwest Asia, for two years 1976 and 1985. Other studies documented peacetime, (1980 through 1984) DNBI hospital admission rates for Navy (5) and Marine Corps (6) enlisted personnel in different geographic regions. Pugh (7) combined these peacetime rates with data on wartime DNBI rates to estimate DNBI hospital admission rates and sick list admission rates under low, medium, and high levels of combat intensity.

The Persian Gulf conflict provided the opportunity to gather information on the number and kinds of DNBI that would occur under combat conditions for which there were little or no data previously available. These data could be used to provide medical planners with improved patient load estimates for future conflicts. Such data would be particularly valuable because, in the past, only a limited amount of DNBI data has been gathered during combat situations. Also, because so few U.S. military personnel have been assigned to the Southwest Asia region, only a limited amount of DNBI data were previously available from that region. Finally, gathering DNBI data during this period would allow data collection methods developed and used during peacetime (8) to be tested during combat. Thus, the purpose of this study is threefold: 1) to test a previously developed data collection method in a combat environment; 2) to document DNBI during the Persian Gulf Conflict for two shore facilities; and 3) to compare numbers and types of DNBI that occured in the Persian Gulf conflict with DNBI incidences reported in earlier studies.

Methods

Patient visit data were collected at two mobile field hospitals set up in Saudi Arabia to serve primarily U.S. Navy and Marine Corps personnel during the Persian Gulf conflict. Figure 1 shows the locations of the two mobile field hospitals, Fleet Hospital Fifteen (FH-15) and Surgical Support Company Foxtrot (Foxtrot SSC) of the 1st Force Services Support Group (1st FSSG). To determine total patient load due to DNBI, all patients, including non-U.S. civilians and foreign military personnel, treated for DNBI at these field hospitals were included in this study. DNBI rates, i.e. number of cases per 1,000 troops, could not be calculated because of the constant and significant changes in the composition of the study population during the conflict. As a result, analyses were limited to the computation of frequency distributions and percentages.

Numbers and types of DNBI were gathered using the Patient Encounter Report shown in Appendix A. This form was developed for earlier studies by the Naval Health Research



Center (NHRC)(8) and was revised to improve its utility. The resulting Medical Encounter Data Sheet (MEDS) is shown in Appendix B. The MEDS form was used to document patients' demographic and service information, information about the type, cause, and location of the injury if the person was injured, the disease diagnosis, and subsequent disposition of the patient. It also captured the date of the visit as well as the treatment(s) that were provided to the patient.

Encounter forms, along with instructions for completion, and pre-addressed return envelopes were sent to medical representatives at the field hospitals. Additional forms were sent at regular intervals to ensure an adequate supply of encounter forms for data collection. Data collection started in September 1990 and ended March 1991.

All completed encounter forms were mailed to the Naval Health Research Center, San Diego, where they were coded and entered into a computer data file. The patient diagnoses were grouped into eighteen categories of diseases and injuries according to the International Classification of Diseases, 9th Revision, Clinical Modification (ICD-9-CM)(9). Frequency and percent of encounters were computed by branch of service, type of disease and injury, date of encounter, and disposition after treatment.

Results

There were 1,820 MEDS forms received from the two field hospitals during the study. Figure 2 shows the number of patients by branch of service. The majority of the patients were Navy (n=1136, percent=62.4) and Marine Corps (n=575, percent=31.6) personnel. The remainder of the patients consisted of personnel from other allied forces as well as civilians (n=47, percent=2.6).

Inspection of patient encounters by month, (Figure 3) reveals that relatively few patients were seen during the first two months of the Persian Gulf Conflict. However, there was a dramatic rise in patient visits during the month of February 1991 (n=1049, percent=57.6).

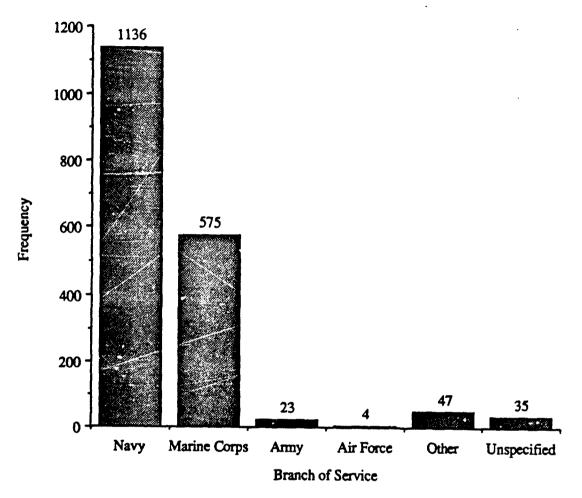


Figure 2. Number of Patients Encountered by Branch of Service, Fleet Hospital 15 and Foxtrot Surgical Support Company, September 1990 - March 1991

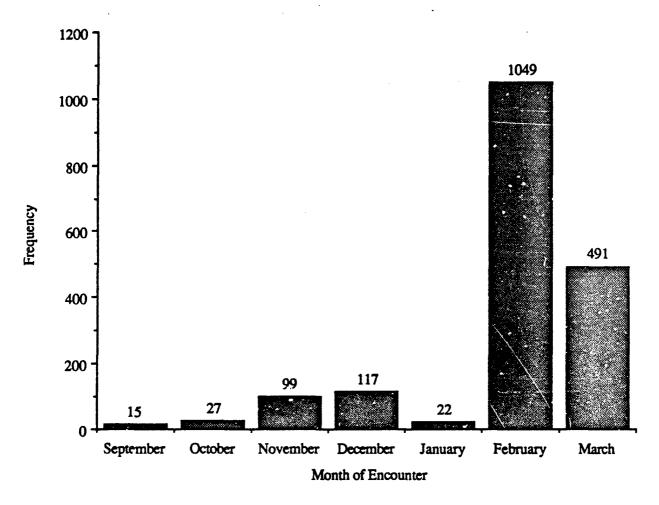


Figure 3. Number of Patients Encountered by Month, Fleet Hospital 15 and Foxtrot Surgical Support Company, September 1990 - March 1991

The number and type of injuries by branch of service is shown in Table 1. The largest number of patient encounters was for "Injury and Poisoning" (n=438, percent=24.1). "Diseases of the Respiratory System" (n=346, percent=19.0) was the second most frequently encountered illness category. There were 192 cases that could not be categorized into one of the eighteen ICD-9 diagnostic categories. Diagnostic data about these patients were either missing because the encounter form was not completed or a diagnosis did not apply to the case (e.g., a visit for a routine physical exam).

The large number of patients seen for "Diseases of the Respiratory System" consisted mostly of upper respiratory infections (n=225/346, percent=65.0). The number of cases of upper respiratory infections rose sharply as the winter climate set in to the region (Table 2).

As Figure 4 shows, the majority of the patients seen were returned to full duty (n=1,297, percent=71.3). A small number of patients (n=174, percent=9.6) had severe injuries which prevented them from returning to full duty.

Discussion

In the period prior to combat, Navy personnel were treated at field hospitals nearly twice as often as personnel from all other branches of service combined. This result probably reflects the fact that the field hospitals were primarily staffed by Navy medical personnel, while Marines and other troops were deployed in field positions. During the five months of troop buildup (Desert Shield), prior to the air and ground war (Desert Storm), the majority of the DNBI cases incurred by Marine Corps personnel were treated in the field because the degree of severity generally would not be enough to justify transportation back to the field hospital. At the same time, Navy personnel, who made up the majority of personnel at the field hospital, would have been treated for all their illnesses and injuries, regardless of severity, at the field hospital.

The number of DNBI cases increased monthly from September to December as expected due to the buildup of troops in the Persian Gulf. However, there was an unexpected

Table 1
Frequency of Patient Visits by Diagnostic Category and Branch of Service, Fleet Hospital 15 and Foxtrot Surgical Support Company, 1st FSSG, September 1990 - March 1991

Branch of Service

ICD-9-CM Classification of Discases and Injuries	Total(%)	Navy (%)	Marine(%)	Other(%)	Unspec.(%)
Injury and Poisoning	438 (24.1)	213 (18.8)	192 (33.4)	26 (35.1)	7 (20.0)
Diseases of the Respiratory System		290 (25.5)	47 (8.2)	6 (8.1)	3 (8.6)
No Diagnosis		117 (10.3)	62 (10.8)	5 (6.8)	8 (22.9)
Symptoms, Signs, and Ill-Defined Conditions	188 (10.3)	133 (11.7)	40 (7.0)	7 (9.5)	8 (22.9)
Diseases of the Skin and Subcutaneous Tissue		91 (8.0)		5 (6.8)	1 (2.9)
Infections and Parasitic Diseases				4 (5.4)	2 (5.7)
Diseases of the Musculoskeletal System				8 (10.8)	1 (2.9)
Diseases of the Nervous System and Sense Organs				5 (6.8)	1 (2.9)
Diseases of the Genitourinary System			41 (7.1)	3 (4.1)	0.0)
Diseases of the Digestive System				3 (4.1)	1 (2.9)
Diseases of the Circulatory System			11 (1.9)	2 (2.7)	0.0)
Supplementary Classification			3 (0.5)	0.0)	0.0)
Mental Disorder	12 (0.7)	10 (0.9)	1 (0.2)	0.0)	1 (2.9)
Neoplasms	9 (0.5)	6 (0.5)	1 (0.2)	0.0)	2 (5.7)
Endocrine, Nutritional, and Metabolic Diseases	6 (0.3)	6 (0.5)	0 (0.0)	0 (0.0)	0 (0.0)
Total	1820 (100.0)	1136 (62.4)	575 (31.6)	74 (4.1)	35 (1.9)

Table 2
Frequency of Patient Visits by Diagnostic Category and Month of Encounter, Fleet Hospital 15 and Foxtrot Surgical Support Company, 1st FSSG, September 1990 - March 1991

Month of Encounter

Discases and Injuries Classification	Total	Sep.	Oct	Nov.	Dec.	Jan.	Feb.	Mar.
Iniury and Poisoning	438	5	15	43	57	10	238	2
Diseases of the Respiratory System	346	0	0	æ	10	4	216	113
No Diagnosis	192	_	7	15	3	0	113	28
Symptoms Signs and Ill-Defined Conditions	188	-	4	∞	9	0	103	8
	150	0	_	∞	7	7	26	35
Infections and Parasitic Discases	86	7	0	∞	-	7	8	70
Diseases of the Musculoskeletal System	96		-	5	6	_	28	21
	8 8	0	-		က	0	29	30
u u	73	0	7	7	7	0	33	23
Diseases of the Dipestive System	72	0	-	9	6	3	76	27
Diseases of the Circulatory System	30	0	0	0	4	0	<u>&</u>	∞
Supplementary Classification	16	0	0	0	0	0	∞	∞
Mental Disorder	12	0	0	0	0	0	9	æ
Neonlasms	6	0	0	0	0	0	۲,	7
Endocrine, Nutritional, and Metabolic Diseases	• •	0	0	0		O	67	7
Total	1820	15	7.7	8	117	8	. So.	461

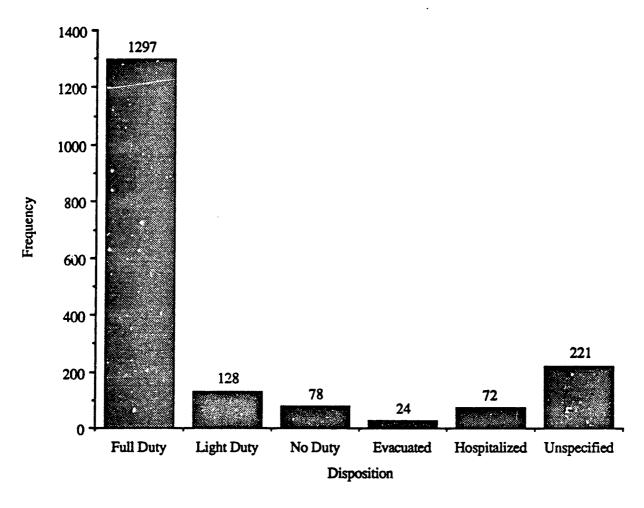


Figure 4. Number of Patients by Disposition, Fleet Hospital 15 and Foxtrot Surgical Support Company, September 1990 - March 1991

drop in January, 1991. After interviewing personnel attached to the field hospitals, it was found that both hospitals were moved to new locations closer to Kuwait during this month. This meant that they were non-operational for most of this period, thus resulting in a much lower case load. The rise in DNBI in February undoubtedly reflects the fact that the United States troop strength in the Persian Gulf reached its peak during this month. However, other factors may have contributed somewhat to this increase. The onset of cold winter weather may have had an effect (10) or the stress associated with the start of the ground offensive may also have had an effect (11).

The large number of patients in the "Injury and Poisoning" category consisted mostly of sprains and strains of joints, tendons, ligaments, and adjacent muscles (n=154/438, percent=35.2). The majority of these orthopedic injuries resulted from sporting activities (e.g. football and volleyball) and accidents due to occupational hazards (e.g. slammed tank door on hand) or field living conditions (e.g. fell in foxhole). Sporting activities that involved contact were eventually banned for field hospital personnel due to the excessively high numbers of orthopedic injuries. A large number of the patient encounters, and thus medical pad and personnel down-time, probably could be prevented or reduced in the future by a greater emphasis on personal, occupational, and recreational safety among deployed Navy and Marine Corps personnel.

The distribution in the number of patients encountered among the eighteen disease and injury classifications was consistent with the findings from other studies (4,6). Diseases of the respiratory system, and injuries and poisonings are consistently found to be common problems presented at sick call.

Since the majority of the patients encountered were able to return to full duty, DNBI's did not result in a large reduction in total manpower or require additional beds. However, the large number of sick call visits for DNBI's handled at field hospitals had an impact on the medical care system in terms of time and supplies required. Therefore, the number of sick call visits need to be factored in when estimating medical resource needs.

Finally, the large number of forms that were completed demonstrates that the MEDS form is useful as a means of documenting medical treatment information from deployed units. The standardized checklist format with ICD-9 codes allowed for quick and easy capture of all pertinent information by health care providers at the time of the patient visit. This data collection procedure, if used routinely by all deployed medical units during a conflict, not only could provide valuable information to medical planners for use during future conflicts, but could be useful in locating problem areas where preventative health measures would be effective.

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Appendix A

Patient Encounter Report

Nº 27570

PATIENT ENCOUNTER REPORT

L PATIEN	IT INFORMATION						
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	FOR OFFICIAL USE ONLY ICT TO THE PRIVACY ACT OF 1874. APPOIND PROTECTION	

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Appendix B

Medical Encounter Data Sheet (MEDS)

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FOR OFFICIAL USE ONLY NHRC 6320 20 [11-90]
DATA CONTAINED HEREIN ARE SUBJECT TO THE PRIVACY ACT OF 1974. AFFORD PROTECTION IN ACCORDANCE WITH SECNAVINST 5211.5C

IV. CASUALIT PROPILE EV	CHELON I/I 🔲	WIA 🔲 COMBA	T STRESS	S TREA.MENT FAC	ILITY DATE: (YYM	M/DD)///
TRAUMA: Show TYPE OF V				CAUSE OF WOUND:	(Check all that apply)	
	LOCATION CODE A SCALP B FACE	E N HAND O FINGER		GUNSHOT ARTILLERY GRENADE BOOBY TRAP FLAME/FIRE OTHER, SPECIFY	MISSILE	☐ TORPEDO ☐ DEPTH CHARGE ☐ MORTAR ☐ UNKNOWN
FRACTURE AMPUTATION	C EYE D EAR E MOUTH	Q SPINE R HIP/BUTTOC	:ĸ -	INITIAL BP	PULSE	RESP.
BLAST	F NECK	S ABDOMEN	<u> </u>	FVEL OF COMEDICAL	ICALFOC AT TO A O.F.	TIME
BLAST BURN (HEAT) BURN (CHEMICAL)	G CHEST H RIBS I SHOULDER J UPPER ARM	V UPPER LEG	TAL	ALERT	ISNESS AT TRIAGE: VERBAL RESPONSE UNRESPONSIVE	
	K ELBOW L FOREARM	X SHIN/CALF		MEDICATION		
	M WRIST	Z FOOT ZZ TOE ZZZ HEAD/SKU		MORPHINE	- DOSE/TIME/_	
OTHER, SPECIFY:		ZZZ HEADIONO	-	☐ ATROPINE	- DOSE/TIME/_	
* IF BURN, SPECIFY:		2nd 🔲 3rd	_	2-PANCHLORIDE	- DOSE/TIME/_	
FIELD TREATMENT:	RWAY MANAGEME	NT, SPECIFY			- DOSE/TME/	
□ BANDAGE □ SPLINT □ COMPRESSION DRESSING □ LIGATION □ TOURNIQUET: TIME INITIATED □ CLAMP(S)					- DOSE/TME/_	
AIRWAY STATUS:						
SPONTANEOUS BREAT	THING SUPPL	EMENTAL OXYG	EN 🔲	NTUBATED AS	SISTED VENTILATION	
V. DISPOSITION ECHELON	ИI 🗆 RETURNE	OTO DUTY (RTD) 🗆 EVA	CUATED, WHERE		EXPIRED
VI. CASUALTY PROFILE EC	HELON III	MA COMBA	T STRESS	TREATMENT FAC	ILITY DATE: (YY/M	M/DD)//
DESCRIPTION OF INJURY:	(T) ARM			COLON RECTUM		SE: RESP.: HEMATOCRIT:
HEAD PENETRATING HEAD NON-PENETRATI FACE/ENT FACE/ORALMAXILLOFA NECK CAROTID ARTERY JUGULAR VEIN TRACHEA/LARYNX	ING THORAS DIAPHR DBACK W CIAL DBACK W DABDOM DSMALL S DUODE	SPLEEN O SPLEEN EN PENETRATIN EN NON-PENETF NTESTINE	ITING G RATING	DLIVER PANCREAS DSPLEEN DKIDNEY BLADDER DGROIN DGENITAL DREPRODUCT. DLEG	ABC PROCEDURES: TRACHEOSTOMY CRICOTHYROIDOTOM IV. FLUIDS BLOOD (#UNITS BLOOD COMP. (#UNIT) CPR	DEBRIDEMENT INTUBATED VENTILATION (ASSISTED)
BURN - SPECIFY %8SA	FUR EACH			ļ	DEFIBRILATED	
BURN - SPECIFY %8SA 1ST DEGREE	2ND DEGRE	E 3RD 0	EGREE_		☐ DEFIBRICATED	
SURGERY: Show PROCED the left with the appropriate is CLOSURE A	2ND DEGRE URE and LOCATIO otter from the LOCA SCALP J L	N by filling the sp	s ABOC		MEDICATIONS: ANTIBIOTICS	Amount
SURGERY: Show PROCED the left with the appropriate & CLOSURE A DEBRIDEMENT B	2ND DEGRE URE and LOCATIO other from the LOCA SCALP J L FACE K I	N by filling the sp TION CODE. IPPER ARM ELBOW	S ABOO	EL	MEDICATIONS: ANTIBIOTICS Type	Amount
SURGERY: Show PROCED the left with the appropriate is CLOSURE A DEBRIDEMENT B AMPUTATION C RESECTION D	ZND DEGRE URE and LOCATIC litter from the LOCA SCALP J L FACE K I EYE L F EAR M	N by filling the sp TION CODE. IPPER ARM ELBOW FOREARM WRIST	S ABOO T BOW! U GRO! V UPPE	EL IN/GENITAL ER LEG	MEDICATIONS: ANTIBIOTICS Type Type	
SURGERY: Show PROCED the left with the appropriate is CLOSURE A DEBRIDEMENT B AMPUTATION C RESECTION D	ZND DEGRE URE and LOCATIC litter from the LOCA SCALP J L FACE K I EYE L F EAR M	N by filling the sp TION CODE. IPPER ARM ELBOW FOREARM WRIST	S ABOO T BOWN U GROOV V UPPE W KNE	EL IN/GENITAL ER LEG E	MEDICATIONS: ANTIBIOTICS Type Type OTHER	Amount
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